

Clinical wisdom - discussion



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GASi symposium
Summer 2014
Lisbon

- Length and form of training for practitioners
- Who can benefit from group analytic psychotherapy?
- The importance of research for the clinicians
- The healing forces of the group
- What are most influential factors on the candidates in training, on the therapists and on the patients?

1. What is clinical wisdom?

2. How does one acquire clinical wisdom?

3. How does one become a wise man/woman?

What do we mean when we talk about wisdom?

What is the difference between wisdom and knowledge?

What is the difference between wisdom and common sense?

Definition of Wisdom

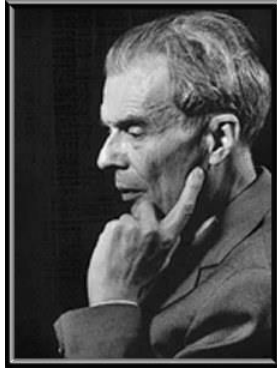
- Knowledge that is gained by having many experiences in life
- The natural ability to understand things that most other people cannot understand
- Knowledge of what is proper or reasonable; good sense or judgment.
- Knowledge is acquired by learning from books and teachers.

The assets that are necessary to acquire in order to achieve wisdom are:

- Knowledge
- Experience
- Ethics
- Self-awareness

- learning from experience

“Experience is not what happens to you; it is what you do with what happens to you”.



Aldous Huxley

anthem

Ring the bell that still can ring

Forget the perfect offering

There is a crack in everything

That's how the light comes in

Leonard Cohen



“

The greatest glory in living
lies not in never falling,
but in rising every time we fall.

”

~ Nelson Rolihlahla Mandela

Essential traits of a wise man

- compassion
- ability for empathy
- self-awareness, and self-understanding
- Emotional stability (or self-regulation).
- modesty
- morality



Rembrandt – philosopher in meditation

